**Local Pre-Health Volunteer and Internship Sites**

**Ability First**

480 S. Indian Hill Blvd.

Claremont, CA 91711

(909) 621-4727

Contact: Lisa Perales

<http://www.abilityfirst.org/locations/locations_claremont_volunteer.aspx>

This organization has services for children and adults ages 3 to 22. The main volunteering opportunities take place during their after school program which meets from 2-6pm M-F, where children and young adults (8-22) participate in a variety of activities. Volunteers can also participate in the various weekend recreation and leisure activities that take place Friday nights and Saturdays twice a month.

**AIDS Healthcare Foundation**

6255 W, Sunset Blvd. 21st Fl.

Los Angeles, CA, 90028

(323) 860-5200

<http://www.aidshealth.org/>

AIDS Healthcare Foundation, established in 1987, is the nation’s largest provider of HIV/AIDS medical care. The Foundation has grown from a small group of friends dedicated to the creation of dignified care for people in the last stage of AIDS to a multi-million dollar agency providing excellence in care for people living at all stages of HIV infection and disease around the world.

There are a variety of areas that are in need of skilled and dedicated people such as yourselves, like our Out of the Closet thrift stores where $0.96 of every dollar goes directly into supporting our services and the Mobile Testing Units that travel out to the communities to provide testing services at different venues and special events across the Los Angeles County. We also have our Saving Our Sistas (SOS) project geared to empowering all women of color to take control and fight against sexually transmitted diseases. This extensive program offers opportunities to be a part of the administrative process, parades/protests, and preparing resource material to pass out while conducting outreach just to name a few.

**AIDS Project Los Angeles**

611 South Kingsley Drive

Los Angeles, CA 90005

(213) 201-1600

<http://www.apla.org/get-involved/volunteer/>

APLA provides comprehensive support services without charge to people with AIDS and other HIV illnesses. These services include the largest food distribution center in the country for people with AIDS, a dental clinic, the buddy program, medical referrals, professional mental health counseling, and much more. For more information refer to their website.

**American Cancer Society**

50 N Hill Ave Ste 200

Pasadena, CA 91106

(626) 795-7774

<https://www.cancer.org/involved/volunteer/app/sign-up-to-volunteer>

The Society is engaged in patient services, research, education, and fund raising. Volunteer opportunities are available with flexible hours and projects may be open-ended or time-specific. Typically, volunteers work on driving patients to and from cancer treatments/doctor appointments, resource information guidance at the ACS office, public education on health issues like tobacco and nutrition, assistance with the Feel Better Program, or fund raising for special events like Daffodil Days or Relay for Life.

**American Recovery Center**

2180 West Valley Boulevard

Pomona, CA 91768

(909) 865-2336

<http://alcoholism.about.com/od/tx_ca/qt/arc_pomona.htm>

American Hospital is a 156 bed Chemical Dependency Recovery Hospital (CDRH). The Hospital offers a 6-month residential detoxification program and aftercare treatment modalities. Patients are from a wide range of socioeconomic backgrounds.

**American Red Cross**

2065 N. Indian Hill Blvd.

Claremont, CA 91711

(909) 624-0074

Contact: Jami Hoffman

<http://www.redcross.org/support/volunteer>

The American Red Cross is a non-profit organization that brings together volunteers and staff to help people prevent, prepare for, and cope with emergencies. Chapters provide special services to the community such as safety classes, blood donation drives, youth service programs, and various volunteer services. Internships may be arranged with the local Claremont chapter or the national Washington D.C. chapter. Local volunteers are needed to help with Health Center patients at Pilgrim Place and Claremont Manor; to help with local blood mobiles, office work, First Aid Stations, Health Fairs and more. Once a year they assist Pomona Valley Hospital and the LA County Health Department with a health fair where blood work and vaccinations are done. Other programs include Community Flu Clinic, First Aid Teams, Claremont Halloween, the Home Alone program, Baby-Sitting Class, and the Disaster Team and Office/Grounds help at the Chapter House.

**Care Extenders: Santa Monica Hospital**

1250 16thStreet

Santa Monica, CA 90404

(424) 259-8165

<http://www.uclahealth.org/site.cfm?id=74>

The Santa Monica-UCLA Medical Center Care Extender Program was inaugurated in June of 1995 as seeks volunteers who are committed to a four hour shift once a week for a one year period. The Program allows for volunteers to experience health care from a clinical perspective through patient contact and volunteer involvement. Some of the volunteer staff positions available include: executive staff, leadership team, and special programs coordinators. Interested students must attend an orientation session, and a mandatory two day training program. Recruitment occurs in January, April, July, and October.

**Casa Colina Centers for Rehabilitation**

255 E. Bonita Avenue

Pomona, CA 91769

(909) 596-7733 ext. 2154

Contact: Jessica Burchett

<http://www.casacolina.org/Employment-Volunteers/Volunteers.aspx>

Casa Colina provides comprehensive inpatient/outpatient acute medical rehabilitation, with emphasis on spinal cord injury, stroke, chronic pain, brain injury, and pulmonary rehabilitation. They are in need of volunteers in the fall. Volunteer orientation takes place every month.

**Cedar Sinai Hospital**

8700 Beverly Blvd. Room 2403

Los Angeles, CA 90048

(310) 423-8044

<http://www.cedars-sinai.edu/About-Us/Volunteer-Opportunities/Programs/Student-Programs/Pre-Med-Students.aspx>

A college level volunteer program, Independent Student Volunteers, where students are exposed to either clinical areas or research in order to help determine a career path. In order to be considered for the program one must submit: A health clearance from Employee Health Services, a recent Tuberculosis skin test, and documentation of one’s immunization history. More information and the application are available online.

**CHAP Medical and Dental Health Center**

**(Community Health Alliance of Pasadena)**

837 S. Fair Oaks Ave. Suite 204

Pasadena, CA 91105

(626) 993-1212

<http://www.chapcare.org/support-us/volunteer/>

CHAP is a primary care clinic offering medical and dental services to children and adults in the foothill communities of the San Gabriel Valley and the greater Los Angeles County. Provides a great opportunity for hands-on volunteering for pre-med or pre-dental students, particularly in helping out in outreach to the community through teaching health education courses and learning medical Spanish. For more information refer to the website, or call the number provided.

**Children’s Hospital of Los Angeles**

Shadowing Program

Faculty Development & Medical Student Education Coordinator

Office of Academic Affairs

4650 Sunset Blvd., Mailstop #71

Los Angeles, CA 90027

Ph: (323) 361-7566

Fax: (323) 361-3719

Contact: Marianne Ward, M.A.

MWard@chla.usc.edu

[www.CHLA.org](http://www.chla.org/)

A private, non-profit teaching hospital that has been affiliated with the Keck School of Medicine of the University of Southern California for more than 70 years. The physicians, nurses and other caregivers at Children’s Hospital Los Angeles, along with those who support them, are committed to helping children lead healthier, happier lives. They are dedicated to finding the best means to diagnose, treat and cure pediatric disease and to promote child health tomorrow. For more information about specific programs and application materials refer to their website.

**Children’s Hospital Orange County**

1201 W. La Veta

Orange, CA 92868

(714) 509-8889

<http://www.choc.org/volunteer/>

CHOC currently has a team of 650 volunteers who give more than 5,000 hours a month and save the hospital over $1 million annually. Their program offers many unique opportunities, and they are always looking for enthusiastic, compassionate, energetic, qualified and committed individuals of all ages and backgrounds to join their team. Volunteers must donate a minimum of 100 hours of service annually and commit to a regularly scheduled work shift. Out of the 100 hours of service, 10 hours must be committed to clerical or special event support. For more information about specific programs and application materials refer to their website.

**City of Hope**

Volunteer Services

1500 E. Duarte Road

Duarte, CA 91010

(626) 256-4673 ext. 64049

Contact: Gayle Gilbert

<http://www.cityofhope.org/volunteer>

 **Dr. Fredrick Grannis - *Clinical Professor of Surgery***

 **Dr. Laura Kruper - *General Oncologic Surgery***

The City of Hope is a research hospital, which develops new and innovative cancer treatments. Volunteers are required to work at least 4 hours per week, and should be committed to the position for no less than 6 months. Volunteers are required to purchase a uniform that consists of a shirt totaling $18. Volunteers are not allowed to work weekend or evening hours until their four-week probation period is past (the first four weeks of volunteering). They place students on wings with patients, x-ray, radiation oncology, donor room, gift shop, graphics, immunology, health education, nursing education, medical records, and in central supply. They also require new volunteers to attend an orientation to learn about the disaster plan, air born contaminants, and specific volunteer positions that can be had. To begin with the City of Hope call the volunteer office to set up an appointment.

 **Clinica Msr. Oscar A. Romero Community Health Center**

123 S. Alvarado Street

Los Angeles, CA 90057

(213) 201-2747

<https://www.google.com/search?q=clinica+msr.+oscar+a.+romero&sourceid=ie7&rls=com.microsoft:en-us:IE-SearchBox&ie=&oe=&gws_rd=ssl>

These centers cater to all income levels, but especially low-income, uninsured and underserved members of the diverse greater Los Angeles community. (a) Clinica Romero Pico-Union is a primary care facility that offers comprehensive health and dental care, health education and mental health services. (b) Clinica Romero Northeast, besides offering primary health and dental care, also provides substance abuse counseling and Prop. 36 services. (c) Clinica Romero's Community Center provides HIV & STD testing as well as community organizing services. Visit the website listed above for more information.

**Community Extended Care Hospital of Montclair**

9620 Fremont Ave.

Montclair, CA 91763

 (909) 621-4751

This is a convalescent hospital that deals with the ill and elderly. Volunteers are always needed to assist in conducting activities and for companionship and reading to patients.

**Country Villa Claremont Healthcare Center**

590 S. Indian Hill Blvd.

Claremont, CA 91711

(909) 624-4511

Volunteers needed to visit with residents, help with activities, assist with outings and special events, room visits, or to share any special talents. Residents are usually between 40 and 90 and can require different levels of healthcare. Volunteers who are interested should stop by the center and fill out an application. A TB test is required of all volunteers.

**David and Margaret Group Home**

1350 Third Street

LaVerne CA 91750

(909) 596-5921 ext. 3311

Contact: CeCe Ross

<https://www.google.com/search?q=david+and+margaret+group+home&sourceid=ie7&rls=com.microsoft:en-us:IE-SearchBox&ie=&oe=&gws_rd=ssl>

Female volunteers need to be positive, responsible, and caring role models that can open girls’ lives and spend one-on-one time with a troubled teenage girl. A one-year commitment is required. Drivers are also needed (only those with clean DMV records) for a few hours a week to transport our foster children to and from their foster homes and campus, pick-up and deliver donated items, and transport residents to and from community outings and appointments. The vehicle, gas, and insurance are provided. Finally, volunteers with creative skills are needed to teach crafts and sewing to a small group of girls.

**Department of Veterans Affairs**

**Jerry L. Pettis Medical Center**

11201 Benton St.

Loma Linda, CA 92357-1000

(909) 825-7084

<http://www.lomalinda.va.gov/>

Volunteers assist in a variety of health care needs throughout the medical center. The medical center provides training and other support services for their volunteers. Volunteers are often needed during the holiday season.

**Downtown Women’s Center**

442 S. San Pedro St.

Los Angeles, CA 90013

(213) 680-0600 ext. 2834

Contact: Camille Crenshaw

<http://www.downtownwomenscenter.org>

#### Founded in 1978, the Downtown Women’s Center is the only organization in Los Angeles exclusively dedicated to addressing the needs of women overcoming poverty and homelessness in Skid Row. DWC was built on a friendship that grew between a homeless woman named Rosa and an outreach worker named Jill Halverson. This friendship inspired Jill to open the Center and establish a community through which the lives of women like Rosa could be restored. DWC's mission is to provide permanent supportive housing and a safe and healthy community fostering dignity, respect, and personal stability, and to advocate ending homelessness for women. Volunteer opportunities include individual and group volunteer settings in areas including the kitchen, donation sorting and drive, front desk, resident support, admin/reception support, learning center, skills enhancement workshops, Made by DWC store, and Made by DWC product preparation. For details, go to: <http://www.downtownwomenscenter.org/volunteer_info>.

**East Valley Community Health Center**

1555 South Garey Avenue

Pomona, CA 91766

(909) 620-8088

<http://www.evchc.org/>

East Valley Community Health Center provides quality and accessible comprehensive healthcare and health education services to the low-income and underserved populations of the East San Gabriel and Pomona Valleys.

East Valley serves a large, diverse, complex, and rapidly changing population with significant challenges in chronic disease, including diabetes, hypertension and asthma. The majority of our patients are the working poor, and 62% are uninsured. East Valley holds public and private contracts with many funding sources, which allow us to provide medical services at very low cost to qualifying individuals. East Valley is also affiliated with two local IPAs and holds managed care contracts with most Health Plans operating in California. Fees for our services are on a sliding scale, but no one is turned away because of inability to pay. East Valley accepts all public health insurance, such as MediCal (also known as Medicaid), Medicare, and Healthy Families (also known as S-CHIP), as well as private health insurance such as Blue Cross/Blue Shield, among others. Most importantly, if you or your family are not covered by any health insurance plan, East Valley will provide services to you according to your ability to pay.

**Foothill AIDS Project**

233 W. Harrison Ave.

Claremont, CA 91711

(909) 482-2066

Contact: Maritza Tona

 <http://www.fapinfo.org/volunteer.html>

Foothill AIDS Project is a community-based organization providing case management and residential care for people diagnosed with HIV/AIDS. Their service area includes East San Gabriel Valley, Riverside, San Bernardino and L.A. counties. Through five-grant funded staff members and volunteers, FAP provides education and emotional/physical support to clients and their affected communities. Volunteers are needed for the reception area, to assist in client intake and evaluation of service needs, to assist in writing and production of a newsletter, and patient transport to doctor visits. They also have a clinic associated with the AIDS Healthcare Foundation.

**Foothill Family Shelter**

1501 W. 9th Street Suite D

Upland, CA 91786

(909) 920-0453

<https://www.foothillfamilyshelter.org/Volunteers-Interns/Volunteer-Overview.asp>

Foothill Family Shelter is a nonprofit organization founded in 1984 which houses homeless families with children for a period of up to 120 days, free of rent and utility charges. We also provide one- year transitional housing as well as permanent housing.

We need volunteers for our Reading Room! The Reading Room implements an incentives based literacy program to help our children. (K-12) practice and improve basic literacy skills using age appropriate activities, rewards for personal reading goals, and parent participation opportunities.

If you are 18 or older and would like volunteer some time, we have applications available. We are especially looking for men to work with the male students & mentor them as well. We also would welcome any retired teachers. The hours of operation are from 2:30 p – 6p Monday thru Friday. If you can only come a few hours a week, that’s okay. Every little bit helps.

We are looking for women to mentor our group of parents and parents-to-be for our Big Steps for Little Feet and Harold Cares programs. The classes are held on Wednesday and Thursday evenings for 10 weeks. Volunteer applicants must be able to commit to attending the classes with one of our clients once a week and maintain a relationship after the baby is born. Our next session begins in January.

Employment Program – we need mentors to implement a four-week employment program one night per week. The curriculum will include resume building, internet job search/applications, phone skills and taped mock interview exercises. Once our clients have completed the first classes and have a job interview scheduled, we would like the mentors to sponsor a client with the image- building portion of the training, including taking the client out and purchasing an interview ensemble and getting their hair & make-up done.

**Harbor-UCLA Department of Emergency Medicine**

Research Associates in the Department of Emergency Medicine (RAD-EM)

(310) 222-3503

Contact: Renee Sanchez Durbin

<http://www.emcompendium.org/rad-em.html>

The Department of Emergency Medicine at Harbor-UCLA and the Los Angeles Biomedical Research Institute (LA BioMed) jointly sponsor the **Research Associates in the Department of Emergency Medicine (RAD-EM)**. RAD-EM recruits competitive candidates to volunteer as **research associates (RAs)** who will identify and screen potential study participants in the Harbor-UCLA Emergency Department (ED). This program is designed for university students or recent graduates with an interest in the health professions, such as **medicine, nursing,** **pharmacy, dentistry, rehabilitation, community health, and laboratory research**. On-site training includes the fundamentals of clinical research and study design, data collection, and good clinical practices.

**Health Clinic Salud Y Familia**

1019 E Holt Ave.

Pomona, CA 91767

(909) 623-7799

<http://www.clinicafamilia.com/>

Clinica Salud y Familia offers several government services, such as prenatal care, nutrition classes,
psychologist on site for pregnant mothers, free vaccines for children, family planning services, sexual
transmitted diseases testing, free ultrasounds for our pregnant moms, and pap smear screening, WiC
program, Social worker services, Prenatal classes.

**House of Ruth**

P.O. Box 459

Claremont, CA 91711

<http://houseofruthinc.org/volunteer>

Los Angeles County Outreach Office in Pomona

(909) 623-4364

San Bernardino County Outreach Office in Montclair

(909) 621-3777

House of Ruth’s mission is to advocate for and assist women victimized by domestic violence and children exposed to violence in transforming their lives by providing culturally competent shelter, programs, opportunities and education; and to contribute to social change through intervention, education, prevention programs and community awareness. Volunteers perform a wide variety of services to support our clients, such as answering our 24-hour hotline; assisting clients in our Temporary Restraining Clinic; helping in the Shelter’s children’s program; providing childcare or supervising children on outings; providing transportation for Shelter clients; and making community education presentations and advocating for domestic violence victims within the greater community at public events. They welcome volunteers to participate who must participate

in a 40 hour comprehensive training that is offered three times a year (typically beginning in March, July and September).

**Huntington Hospital: Affiliate of Southern California Healthcare Systems**

100 W. California Blvd.

Pasadena, CA 91105

(626) 397-5208

<https://www.google.com/search?q=huntington+hospital+volunteer&sourceid=ie7&rls=com.microsoft:en-us:IE-SearchBox&ie=&oe=&gws_rd=ssl>

Huntington Hospital has a college student volunteer program to provide students with an opportunity to experience working in a hospital environment, and to provide needed services and assistance to the hospital patients, employees and visitors. Their volunteer program is observation only; however, residents are generally open to answering questions. The hours of the program are from 8am to 11am every week. The program comes highly recommended by previous students and has a more reasonable volunteer hour expectation. The hospital also has the Preceptor Program which is a three month, upper-division pre-med program in which students come in one morning a week (Monday, Tuesday, or Wednesday) and spend one hour listening to cases and another 1-2 hours going on rounds with a medical resident, an intern, and medical students. For more information about their programs, orientation dates, and requirements check their website. Applications can be requested over the phone, or by downloading it from their website and then bring it to an information meeting. A TB test is required.

**Huntington Medical Research Institute**

99 North El Molino Avenue

Pasadena, CA 91101

 (626) 795-4343 ext. 211

Contact: Dr. Marie Csete

csete@hmri.org

<http://www.hmri.org/education/summer-student-program/>

Our goal is to give students more than an exposure to science. It is to develop students who can contribute meaningfully and autonomously to the programs at HMRI through a rich scientific training. For 55 years HMRI has provided a summer research program for science students who are interested in careers in biomedical research. Several HMRI alumni have gone on to be chairmen of medical school departments and directors of research institutes, including the prestigious Salk Institute in San Diego, crediting their HMRI experience as a springboard to their future professions. The summer program has strived to identify and encourage the intellectual development of new scientists. - See more at: <http://www.hmri.org/education/summer-student-program/#sthash.1xdbdaAf.dpuf>

**Inland Hospice Association**

233 W. Harrison Avenue

Claremont, CA 91711

(909) 399-3289

<http://www.inlandhospice.org/styled-4/>

info@inlandhospice.org

The hospice association assists patients and families who have a terminal diagnosis and a life expectancy of less than 6 months. Volunteers must attend an orientation program that takes place three-four nights a week for three weeks. They conduct three trainings a year, one typically in September. Volunteers serve as companions and care givers to patients. You may need to administer medications on a case by case basis. Serve as an active listener and emotional support for both patient and family members, and serve to provide respite care for family members. Volunteers are expected to commit to a year and there are two avenues that are available:

*Palliative Care* - Volunteers are assigned to a family that usually has a chronically ill family member or someone who is coming off a long term illness.

*Simple Gifts* - Volunteers are paired with a frail or elderly person in the community.

**John Wesley County Hospital Institute**

1910 W. Sunset Blvd., Suite 650

Los Angeles, CA 90026

A private non-profit health agency that was established as the *Attending Staff Association of the John Wesley County Hospital* in 1960 by concerned L.A. County physicians. These staff physicians sought to establish an agency that could obtain additional funds to support and augment patient care, education, and research at the John Wesley facility. When the hospital was demolished in 1979, the agency continued its efforts to assist LA County patients, but the name was no longer relevant and was subsequently changed *to JWCH Institute Inc*.

**1 - Skid Row Medical Outreach Team**

 (213) 484-1186

Contact: Carolina Espinoza

<http://jwchinstitute.org/homeless-health-care/srot/>

The Skid Row Medical Outreach Teamseeks out disenfranchised homeless individuals in the Los Angeles downtown area of Central City East commonly known as skid row. This program is one of our many collaborative efforts with Homeless Health Care Los Angeles ([HHCLA](http://www.hhcla.org/)). Outreach workers walk the streets, alleys and under freeways engaging individuals in conversation, while offering referrals. Community health workers conduct health assessment and referrals at sites throughout the area including:

**2 - Covenant House**

1325 North Western Avenue

Hollywood, California 90027

 (323) 461-3131 ext. 274

Contact: Noel Russell, Community Involvement Coordinator

<http://covenanthousecalifornia.org/ways-to-help-pg.php>

LAVolunteer@covenanthousecalifornia.org

The lifestyle of street kids places them at particular risk for health problems and injury. Convenant House provides both residential and non-residential homeless youth comprehensive emergency and primary care medical exams, psychological, and psychiatric services and referrals to specialty care such as optometry and dentistry. Youth are provided important information on nutrition, STD/HIV prevention and other issues related to maintaining healthy lifestyles.

**Kaiser Permanente**

Southern California/Riverside Volunteer Services
(951) 353-3613

Contact: Sharon Perry, Assistant Director of Volunteer Services

<http://southerncalifornia.kaiserpermanente.org/riverside/about-us/volunteer-services/>

Los Angeles Volunteer Services

(323) 783-8109

Contact: Kathleen McIntire, Director of Volunteer Services

<http://www.volunteermatch.org/search/org196940.jsp>

Interested students must be over nineteen years of age to be eligible to volunteer. Volunteers have a variety of duties, including service ambassador, clerical work, and handing out information to hospital visitors.

**Kids Come First Community Clinic**

1556 S. Sultana Avenue

Ontario, CA 91761

(909) 984-7384

Contact: Cynthia Prendiz, Dr. Ponce

<http://www.kidscomefirst4health.org/>

Kids Come First is a friendly, comfortable, helpful place where families and children feel personally cared about as well as cared for. The Kids Come First Community Health Center is more than a clinic, it is a “health care home” where kids get to know their doctors and feel comfortable returning for all of their health needs from birth to adolescence. Dr. Ponce works in pediatrics and conducts an evening nutrition class for children.

**Learning Ally (formerly Recording for the Blind and Dyslexic)**

(609) 520-8039

Contact: Deirdre Ryan, Volunteer Engagement Coordinator

Provide recordings of books and textbooks for all ages. Volunteers are needed to direct readers and to audition to become readers.

**Lestonnac Free Clinic**

1215 E. Chapman Avenue

Orange, CA 92866

(714) 633-4600

<http://www.lestonnacfreeclinic.org/>

This is a free clinic for both dental and medical. They are very flexible in regards to volunteer hours and highly value Spanish speaking volunteers. While volunteering with admitted and screened patients, students are also able to do some shadowing.

**Los Angeles County**

**University of Southern California** **Medical Center**

Inpatient Tower

Volunteer Office

1st Floor, Room 1K-311

1200 North State Street

Los Angeles, CA 90033

(323) 409-6945

[http://dhs.lacounty.gov/wps/portal/dhs/!ut/p/b1/04\_Sj9S1NDSzMDIwszTQj9CPykssy0xPLMnMz0vMAfGjzOLdDAwM3P2dgo3cLSwMDBwNXHzcPPxdjdxDjPXD9aMIKcmN8nIEAP21\_wk!/](http://dhs.lacounty.gov/wps/portal/dhs/%21ut/p/b1/04_Sj9S1NDSzMDIwszTQj9CPykssy0xPLMnMz0vMAfGjzOLdDAwM3P2dgo3cLSwMDBwNXHzcPPxdjdxDjPXD9aMIKcmN8nIEAP21_wk%21/)

A volunteer program specifically designed for pre-med college students. A student must meet the following requirements: Be in good standing, must be a sophomore, junior, senior, or post-bac., and have grades which indicate they are a serious contender for medical school. LAC+USC Medical Center program has volunteers rotate through Emergency Medicine, ObGyn/Pediatrics, and Internal Medicine. The program requires an application, recommendation, and completion of an orientation class, and mandatory information sessions.

**Loma Linda University Medical Center and Children’s Hospital**

Volunteer Services
11234 Anderson Street, CH 1802
Loma Linda, CA 92354
(909) 558-8022
volunteerservices@llu.edu

A university based medical center with over 70 different work areas for volunteers. An application and orientation are required. A 6 month 100 hour commitment is required. Loma Linda also have a hospice interested students can volunteer at (LLUMUCH). LLUMCH provides supportive professional care for terminally ill patients and their families in their own homes. The program includes visits by specially trained nurses, home health aides, social workers, chaplains and volunteers who provide pain and symptom management and assist families in the development of coping skills. Office Hours: Monday – Thursday 8:00 am to 5:00 pm, Friday 8:00 am to 2:00 pm. Closed weekends and holidays.

**Montclair Community Hospital**

5000 San Bernardino Street

Montclair, CA 91762

(909) 625-8114

<http://www.montclair-hospital.org/>

The Volunteer Program is open to men, women and young adults (minimum age requirement is 18) from Montclair and surrounding areas. Each volunteer selected is oriented and trained in an area that is appropriate taking into consideration that person's unique talents and interests. While some volunteers come to Montclair looking to have direct interaction with patients, others prefer helping behind the scenes. What's important is that the experience is both rewarding for the volunteer and helpful for patients and staff.

**Mt. San Antonio Gardens Congregational Homes**

900 E. Harrison Ave.

Pomona, CA 91767

(909) 624-5061

<http://www.msagardens.org/ps.home.cfm?ID=1959>

Mt. San Antonio Gardens promotes the independence and participation of older adults by providing comprehensive and secure life care services, housing, meals and health care to 450 residents on a 29- acre garden site. The responsibilities of intern include various tasks concerned with the overall administration of Mt. San Antonio Gardens.

**My Health LA Clinics**

LA County

(844) 744-6452

<http://dhs.lacounty.gov/wps/portal/dhs/mhla>

Public hospitals are special places where miracles happen every day. Volunteers help make those miracles happen by lending a hand, sharing a smile, reading a book to a child, and offering help to patients, staff, and visitors. If you want to make a difference and enjoy helping others, contact the Volunteer Services office at one of our DHS hospitals listed below and they can help find the right place for you based on your schedule and interests.

**Pacific Lifeline**

PO Box 1424

Upland, CA 91785-1424

(909) 931-2624

<http://www.pacific-lifeline.org/contact-us.html>

|  |
| --- |
| The Children’s Program intern will interact with families within Pacific Lifeline’s care. The training would include working with traumatized children in various areas of need: tutoring, planning group activities, interacting with families and planning attachment field-trips, planning activities associated with a child’s IEP needs. Recommended for students interested in pursuing social service professions. Preferred: Students in their senior year studying Sociology or Psychology.  |

**Pilgrim Place Health Services Center**

625 Mayflower Road

Claremont, CA 91711

(909) 399-5507

[www.pilgrimplace.org/volunteer\_opportunities.php](http://www.pilgrimplace.org/volunteer_opportunities.php)

The center provides productive, secure, and stimulating retirement living in an independent community setting for Christian leaders who have served at least fifteen years as missionaries, ministers, teachers of religion, and other religious professionals who wish to continue “their pilgrimage” of Christian faith and service to others. It is also one of the nation’s only ecumenical retirement communities for church professionals with a “no financial means test.” Volunteer opportunities offered at Pilgrim Place include governance, social services, indoor/outdoor activities with residents, and a health center.

**Planned Parenthood of Los Angeles**

1316 Third Street Promenade #201

Santa Monica, CA 90401

(310) 395-3628

[https://plannedparenthoodvolunteer.hire.com/index.html?\_\_utma=1.1231657807.1400688820.1400688820.1400697649.2&\_\_utmb=1.20.9.1400698400514&\_\_utmc=1&\_\_utmx=-&\_\_utmz=1.1400688820.1.1.utmcsr=(direct)|utmccn=(direct)|utmcmd=(none)&\_\_utmv=-&\_\_utmk=247355908](https://plannedparenthoodvolunteer.hire.com/index.html?__utma=1.1231657807.1400688820.1400688820.1400697649.2&__utmb=1.20.9.1400698400514&__utmc=1&__utmx=-&__utmz=1.1400688820.1.1.utmcsr=(direct)%7Cutmccn=(direct)%7Cutmcmd=(none)&__utmv=-&__utmk=247355908)

Planned Parenthood is a private, non-profit agency providing health clinics for maternal, child, and reproductive healthcare. Nine clinics are operated in the L.A. area, with the central office just east of downtown of Los Angeles. There is also an office in Pomona. Interns are needed to assist in Adolescent Self-Esteem and Pregnancy Prevention programs in the L.A. and Pomona school districts. Volunteers are also needed to do office work, assist with middle school and high school health education, and Health Fair Outreach. Volunteers are required to make a one-year commitment to the program. Communication, multi-cultural/bilingual skills are preferred, but not necessary.

**Pomona Community Health Center**

1450 E Holt Avenue

Pomona, CA 91767

(909)-630-7927

Contact: Celia Gomez

<http://www.pomonachc.org/>

Volunteers will work on preparing and filing of patients charts for the doctors at this free-clinic with many Spanish speaking patients. Students will also help with taking vitals and will be able to work alongside doctors. For students considering primary care this is a great volunteer experience.

**Pomona Hope**

401 N Gibbs St.

Pomona, CA 91767

(909) 921-3618

<http://www.pomonahope.org/>

Pomona Hope is a non-profit, faith-based, community organization dedicated to working in partnership with people of all backgrounds to strengthen Pomona’s children, families, and neighborhoods. Programs include After School with Pomona Hope, Classes for Parents, Internships & Job Training, Community Garden, Community Organizing, and In Our Community Center.

**Pomona Valley Hospital Medical Center**

1798 North Garey Avenue

Pomona, CA 91707

(909) 865-9669

Contact: Lindsey Medina

<https://www.pvhmc.org/#Student_Volunteers>

This hospital has a very extensive volunteer program. The student needs to call, and have an application sent to them, or they can apply on their website under Student Volunteers. Each prospective volunteer attends an orientation session and then is placed in a certain area based on their interests and where Volunteer Services thinks they can best serve the hospital. Certain positions are highly competitive. In the past, students have volunteered in emergency, labor and delivery, outpatient clinics, surgical supply, and other areas. Volunteer spaces are limited, so it is best to contact them early in order to obtain a space.

**Portable Wellness Clinic**

<http://www.pwcpomona.info/>

The Portable Wellness Clinic in Pomona was established in 2003 to provide cost-effective health care access. Its mission is to help individuals who lack the resources to get medical attention for their health problems. The service is offered to anyone, independent of where they live, whether they have insurance, or have an ID. The Portable Wellness Clinic in Pomona is a joint community service program by the Family Health Center (affiliated with Pomona Valley Hospital Medical Center) and Compassion Net, Inc. To find locations for the Portable Wellness Clinic, go to the website and click on “Sites.”

**Project Angel Food**

922 Vine Street

Los Angeles, CA 90038

(323) 845-1816

<http://support.angelfood.org/site/PageServer?pagename=volunteer_opportunities>

Project Angel Food's mission is to nourish the body and spirit of men, women and children affected by HIV/AIDS, cancer, and other life-threatening illnesses. Volunteers and staff cook and deliver free and nutritious meals prepared with love throughout Los Angeles County, acting out of a sense of urgency because hunger and illness do not wait. Volunteers, who help in the kitchen and make the deliveries, are a crucial component of our program. While the immediate need we fulfill is the prevention of hunger, these caring individuals also deliver compassion and help reduce the terrible isolation that many people living with serious illnesses often experience.

**Project MEND, Pacoima**

10641 N. San Fernando Road

Pacoima, CA 91331

(818) 897-2443

<http://mendpoverty.org/get-involved/volunteer-now>

The volunteers at MEND are the lifeblood of the agency. MEND is committed to remaining a volunteer-driven organization, so that its donations and income go directly to the needy recipients. As a result, administrative and fundraising costs are less than 6% of MEND’s total revenue. This is possible only through the assistance of the dedicated volunteers who give so freely of themselves to MEND.

**Project Sister Family Services**

363 S Park Ave #303

Pomona, CA 91766
(909) 623-1619

<http://projectsister.org/get-involved/volunteer-advocate-program/>

Project Sister Family Services (PSFS) is the foremost agency dedicated to providing services to the women, children, and men survivors of sexual assault and abuse and their families in the East San Gabriel and Inland Valleys in Southern California, a region with a population of over 2.3 million persons. Project Sister Family Services works with local law enforcement, district attorneys, courts, hospital and health care providers, schools, churches and other community groups and agencies.

**Queen of the Valley Hospital (Citrus Valley Health Partners)**

1115 S. Sunset Avenue

West Covina, CA 91790

(626) 962-4011

<http://www.cvhp.org/About_Us/Volunteering_with_CVHP.aspx>

Queen of the Valley treats the largest number of patients second to County U.S.C. Medical Center. In order to volunteer call the office to have an application sent to you. You must have a TB shot, and the hospital can provide this for you. Various areas are available including reading to children under-going radiation therapy (radiatrics), Emergency Room, etc.

**Recording for the Blind and Dyslexic**

1844 West 11th St. Suite C

Upland, CA 91786

[http://www.rfbd.org](http://www.rfbd.org/)

Provide recordings of books and textbooks for all ages. Volunteers are needed to direct readers and if they wish to audition to become readers. Training with the equipment is provided. Interested students should attend an information session, which are held on the second Tuesday of each month from 6pm to 7pm.

**Renovi Center for Integrative Medicine**

1343 E Gladstone St.

Glendora, CA 91740

(909) 971-9888

<http://renovimedicine.com/renovi/>

Renovi Medicine offers exceptional Primary Care, science-based Integrative Holistic Medicine, and Medical Acupuncture. The Renovi team helps address underlying causes instead of just dealing with the symptoms. Renovi's physicians offer added expertise in several areas, enabling patients to navigate the many choices in modern medicine in search of answers and solutions for their conditions.

**Riverside Free Clinic, Riverside**

3504 Mission Inn Ave,

Riverside, CA 92501

(951) 867-7742

<http://www.riversidefreeclinic.com/volunteers/undergraduates/volunteer-policy>

We provide patients with various health services through patient-care team approach. These range from basic first aid to long- term medical management of chronic diseases like diabetes. Currently we average 50 medical; and 20 dental patients at each bi-weekly clinic. As the clinic continues to expand, each year there are new developments that distinguish each year. In the past year we established a dental partnership with Western University dental students and their advisers. For the past seven years our clinic had been struggling to find an available source of dental care for our patients. Now, with support from the California Dental Association and the Riverside Community Health Foundation, we will finally be able to offer patients access to dental care they previously were unable to find.

**Saban Community Clinic**

8405 Beverly Blvd

Los Angeles, CA 90048

(323) 653-1990

<http://sabancommunityclinic.org/support-us/volunteer>

There are volunteer opportunities for everyone: medical, dental, and counseling. Students, retired people, working people, younger people, people who speak a variety of languages, people with special skills and talents, and people from a wide range of socioeconomic and economic backgrounds are not only serve as volunteers, but, are patients at the clinic as well. At the Sabon Community Clinic everyone is treated with respect and without judgment as the clinic believes that healthcare is a right, not a privilege—and so is dignity.

**San Antonio Community Hospital**

999 San Bernardino Rd

Upland, CA 91786

(909) 920-6266

Contact: Kim Vollers, Volunteer Services Manager

<http://www.sach.org/home/Experience_SACH/Become_a_Volunteer/Become_a_Volunteer/>

San Antonio Community Hospital (SACH) provides compassionate medical care, privacy, and comfort. Since 1907, San Antonio Community Hospital has been the Inland Valley's healthcare safety net, providing excellent care in a safe and soothing environment. Over time San Antonio has grown to meet the needs of its diverse and changing community. SACH runs a Patient Assist Volunteer program – a position that focuses on observation, direct patient care, and assisting hospital staff. The application process involves a physical covered by SACH and a background check ($35). SACH requires a one year commitment and at least 4 hrs/wk. Additional hours working with EMR and patients is an option with additional training and clearance.

**South Bay Family Health Care**

23430 Hawthorne Blvd

Torrance, CA 90505

(310) 802-6177

<http://www.sbfhc.org/#sthash.q5Tl9mw6.dpuf>

South Bay Family Health Care is a non-profit, federally qualified health center that was founded in 1960 and provides high quality free and low-cost primary health care and preventative services to underserved individuals and families.

**Tri City Mental Health Center**

2008 N. Garey Ave.

Pomona, CA 91767

(909) 623-6131

Contact: Gamaliel Polanco, Manager

(909) 242-7610

<http://www.tricitymhs.org/news-a-events/news-a-events/97-are-you-interested-in-becoming-a-volunteer>

Tri City Mental Health is a community mental health center providing crisis intervention, day treatment and outpatient mental health services (Spanish and Asian Pacific programs). Clients are all ages and generally have severe disorders. There are several facilities or branches with different opportunities. They are very flexible with several groups of clients that our students could work with, including major depression, drug addiction, schizophrenia, and manic. Volunteers/interns are also needed as aides in socialization, training program, and as receptionists, typists, and graphic artists.

**UC Irvine Medical Center**

101 The City Drive South

Orange, CA 92868

(714) 456-7890

<http://www.ucirvinehealth.org/>

UC Irvine Medical Center is rated among the nation’s best hospitals by U.S. News & World Report and ranked No. 1 in Orange County, California. It is home to the county's only Level I trauma center, its only nationally designated comprehensive cancer center and a modern acute care hospital.

**UCLA Medical Center**

(310) 267-8180

<http://www.uclahealth.org/site.cfm?id=66>

The UCLA Medical Center has a hospital in Westwood and one in Santa Monica. They have student volunteer and student intern programs. For more information, please visit their website. Orientation is mandatory before volunteering.

**USC School of Dentistry**

(213) 740-0428

925 West 34th Street, DEN 202
Los Angeles, CA 90089-0641

<http://dentistry.usc.edu/community-programs/mobile-clinics/>

The USC Mobile Clinic program is an important resource in addressing the oral health needs of children from urban and rural low-income families in California, as well as a valuable educational resource for dental and dental hygiene students from UCLA and students from all of the dental hygiene and dental assistant programs in Southern California. A variety of volunteers, including family members, pre-dental students, and dental assisting students join USC students and assist them with patient flow, record keeping and sterilization of instruments.

**USC-Keck University Hospital**

1500 San Pablo St.

Los Angeles, CA 900033

(323) 442-8591

<http://www.keckmedicine.org/volunteer/>

<http://www.keckmedicine.org/locations/>

Hospitalstaffrely on a warm and devoted team of volunteers to work directly with patients and their families during their treatment and care. Volunteers work in many aspects of the hospital operations, from the gift shop to the information desk. They are the hospitals’ ambassadors to the community.

If you are looking for professional experience or the opportunity to give back to your community, become a USC hospital volunteer. Volunteers must be 15 years or older and are asked to commit at least 75 hours per year, which comes to as little as 2 hours per week. Many of our volunteers commit about 4 hours per week, and our office staff is happy to work within your schedule.

**Venice Family Clinic**

604 Rose Ave

Venice, CA 90291

(310) 664-7561

<http://www.venicefamilyclinic.org/volunteers/apply>

The Volunteer Services department offers a variety of opportunities to get involved in nearly every aspect of the clinic’s operations. We match the interest and experience of our volunteers with the Clinic’s needs and priorities in administration, fundraising, medical, and social services.

**Visiting Nurse Association and Hospice of Southern Calif**

150 West First Street. St. #270

Claremont, CA 91711

 (909) 447-7375

Contact: Monica Lyons

[www.vnasocal.org/volunteers.htm](http://www.vnasocal.org/volunteers.htm)

VNA provides health care at home for the ill and disabled persons. Services include those of registered nurses; physical, occupational and speech therapists; medical social workers; dietitians and home health aides. Medicare/Medi-Cal certified hospice serves terminally ill patients and their families. Volunteers for the hospice work as field visitors, offering relief and assistance to those using the Association’s services.

**Vitas Health Care, Hospice Care**

1343 N. Grand Ave, Ste. 100

Covina, CA 91724

(626) 918-2273

<http://www.vitas.com/ca/southern-california-hospice>

Provides medical, emotional and spiritual support to the terminally ill and their families, welcomes assistance. The program seeks volunteers who can devote two or more hours per week to visiting patients, providing respite relief to caregivers and running occasional errands for patients and families. Training is provided in hospice philosophy, caring for the terminally ill, and grief education. They serve over 150 patients out of their homes, and approximately 50 patients in convalescent homes.

**White Memorial Hospital**

1720 Cesar E Chavez Avenue

Los Angeles, CA 90033

(323) 260-5727

<https://www.adventisthealth.org/white-memorial/pages/about-us/volunteer.aspx>

Volunteer opportunities include Greet patients and visitors, Provide information and directions, Transport patients (CPR training is a prerequisite for this activity), Assist with clerical work in business offices, medical offices, nursing units, food service offices and registration, Provide sales and stocking assistance in the gift shop, Pick up and transport lab specimens for prompt analysis, Provide customer service for patients, allowing hospital staff to focus on efficient medical care, Work behind the scenes in food service by stocking shelves and surveying patients, Visit with patients and offer them water, magazines and other amenities, File and pull x-rays; copy and send reports, Work with children on the Pediatrics Unit or in the Rainbow Children's Center. Must be willing to commit 100 volunteer hours for the year.

**Young & Healthy**

1905 Lincoln Ave.

Pasadena, CA 91103

(626) 795-5166

<http://yhpasadena.org/help/volunteer/>

Provides free access to quality healthcare for uninsured and underserved children from low income families in the greater Pasadena area through community and professional health care volunteers. Also provides free medical, dental, psychological and case-management services to low-income, uninsured children in the Pasadena schools, day-care centers, and homeless centers in the greater Pasadena community. For more information, visit their website listed above. Has great short-term opportunities such as helping at a mobile clinic on some weekends or teaching dental care to first graders once a month.